



All Saints C. of E. Primary School

January 2017 NEWSLETTER

Head Teacher: Mrs J. Beech

Staffing News

For information we are pleased to tell you that Mrs. Beardmore, our Assistant Head Teacher, had her baby boy on New Years Day. I am sure you join us in sending congratulations. Mother and baby are doing great.

Mental Health and Well Being Week

We believe that the emotional well-being of our young people is just as important as their academic ability and by knowing how to manage their feelings and emotions will support them in getting the best out of their lives. We all know that from time to time we have to deal with difficult situations, disappointment and face problems and we at All Saints have always been committed to supporting our children, staff and families in this. We are proud of the partnership we have with families and the good relationships we have between staff and children. Managing emotions, knowing how to relax and feel good, having skills to self-regulate, building relationships and connecting with the world are all tools we should aim to have.

We will be giving our children, families and staff the opportunity to 'try out' some of these activities and give some dedicated time to think about our well-being in a special week coming up in school. Week beginning 6th-10th February is a chance to have 'taster sessions' in activities and locally available initiatives. See the reverse of this newsletter for your invitation to join in and know what is happening. There will also be activities in school for the children to take part in to dedicate time to their emotional, health and physical well-being. Please get involved, support us and come along to the 'market hall' event and other free sessions. There will be stalls and information available on a wide range of health and well-being related topics - including health nurse teams, neighbourhood office reps, aspire sports, and some craft and pampering stalls.

If any parents would like to reserve a free of charge stall to sell crafts or pampering treats please contact Mrs Poxon to discuss suitability and availability.

Dates for your Diary

25th Jan Year 2 Parents S.A.T.S Meeting 9-9.30 or 5-5.30 (Return slip to sign up to a session)

26th Jan Year 6 Parents S.A.T.S Meeting 9-9.30 or 5-5.30 (Return slip to sign up to a session)

Week commencing 30th Jan Early years stay and Play

2nd Feb Parents Evening

3rd Feb School Pantomime Cinderella for Early Years and Key stage 1

6th-10th Feb Mental health and Well being week

17th Feb Break up for Half Term

27th Feb Return to School

2nd March World Book day

24th March Comic Relief

Pupil Numbers

Pupil numbers are as follows:

Reception	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
60 Full	62 Full	60 Full	60 Full	35 Full	34	34

Health & WELL-Being WEEK

When

6th -10th February

Where

All Saints C of E Primary School

Wilford Road, West Bromwich, B71 1QN

Featuring • Move with Peppa, Healthy Meal Ideas, Yoga, Smoothy Bike, Relaxation, Beat The Street Walks, Cyber Coach, Buggy Fit, Sandwell Feel Good 6, My Time, Sleep Solutions, Taster Sessions, Advice, Services free to you, Stands and Stalls, Local Groups to join , Connecting with others, Coffee Afternoons and time to talk.

Pupils, parents and staff

FREE SESSIONS TO JOIN IN WITH ALL WEEK

'MARKET HALL' EVENT ON

THURSDAY 9TH

FEBRUARY

2PM-4PM

Stalls, Crafts, Free Taster Sessions

Specialist advice from mental health, health, wellbeing and physical activity organisations

DIARY DATES:

Monday 6th Feb: Parents with children 16 months-3years old: Move with Peppa Pig session (book a morning slot)

Wednesday 8th Feb:

Parents: Feel Good 6 session and SNAP project 2pm-3pm

Thursday 9th Feb: Parents: Relaxation 9.00-10.15

Friday 10th Feb:

Parents: Yoga 9.00-10.00